



presents

IPMT 2024

Nov 30th to Dec 7th

Residential program | Bangalore

Who can attend:

Medical Doctors, Parents, Teachers,
Psychotherapists, Counsellors, Farmers, Art Therapists,
Community enthusiasts and Sustainability seekers.





ANTHROPOSOPHIC MEDICAL SOCIETY

INDIA CHAPTER

INTERNATIONAL POSTGRADUATE MEDICAL TRAINING

IPMT 2024

Nov 30th to Dec 7th

Venue: Nirjhari Conference Centre, Bengaluru

Groups:



Medical



Pedagogy



Psychotherapy



Biodynamic
Agriculture



Art Therapy



Anthroposophy
in daily life

IPMT 2024

*"A healthy social life is found only when
In the mirror of each soul
The whole community finds its reflection,
And when, in the whole community
The virtue of each one is living."*

-Rudolf Steiner



IPMT 2024

Residential Program

AMS (Anthroposophic medical society) India chapter extends a warm welcome to our eagerly awaited Annual gathering, the IPMT (International Post graduate medical training) which is hosted for various streams. This year too it is being held at the garden city of the country, our very own Namma Bengaluru. The venue Nirjhari Conference Centre is located at Carmelaram area of Bengaluru. It is about 45 kms away from the airport and 22 kms away from the city centre. The venue is well connected to public transport systems.

Groups

Medical:

Last few years have been a testimonial of the need for integration among medical practitioners to effectively tackle challenges in healthcare. This is the getting together of all Anthroposophically trained and certified physicians of the region to gather, refresh and delve deep into the journey of healing that they have chosen. The IPMT is nodal for the trainings being conducted for the participants of TOPAM (Training of physicians in Anthroposophic medicine). We also look forward to members who wish to participate in new batches of training.

Pedagogy:

The partnership between teachers and doctors for salutogenesis and disease prevention is one of the most fundamental understandings we operate from. This time onwards it is a unique opportunity for educators as we are formulating a **5-year** program for teachers, enabling them to be able to generate their own healing curriculum, addressing the ever-increasing challenges in the class room. We recommend that one considers continuous participation ongoingly, however, all the modules will be complete in itself and one can join further IMPTs any time that works for them.

Psychotherapy:

The psychotherapist would be conducting their exclusive training modules that are part of their certification process. The topics to be covered in this module would include the planets and their influence on the soul and spirit and more.

Biodynamic Agriculture:

Biodynamically grown food is filled with life enhancing and healing forces. The program schedule includes Principles of Organic and Biodynamic farming, Biodynamic Preparations and how to use them, BD agriculture Planting calendar, BD compost, Demeter standards and certification, and reading of chapter 4 of the agriculture course.

Art therapy:

The first module of the 3 years further training into Anthroposophic art therapy would be conducted in this IPMT. For details about eligibility and course details please write to us or log on to <https://swasthyaniketan.org/swaasthyakalaniketan/>

Anthroposophy in daily life:

The session is for individuals who are keen to explore holistic and fulfilling lifestyle. **The duration of the session is a crisp three and half days.** The importance and responsibility of creating thriving communities that address their concerns and goes beyond the regular to fulfil on the requirements of the Community, explore the possibilities and create new unique solutions. It also offers a peek into various segments of Anthroposophy and how it impacts our daily life.

We hope that the event and the arrangements made are optimally utilised. We look forward to serving you all and making this program a much fruitful exercise

Warm regards,

P. Harihara Murthy

For AMS India chapter

IPMT 2024

Faculty details



**Dr. Marion
Debus**

Dr. Marion Debus, MD, specializes in Hematology and oncology and has worked under various capacities at major anthroposophic hospitals in Germany and Switzerland. Since September 2023 co-leader of the Medical Section at the Goetheanum in Dornach, Switzerland. Board member of the Society of Anthroposophic Physicians, Germany. Editorial member of Merkurstab and the Vademecum of Anthroposophic Medicines. Codirector of the Havelhöhe Medical Seminar, Berlin, Germany.



**Dr. Lakshmi
Prasanna**

Dr. Lakshmi Prasanna, a Pediatrician & Neonatologist, she is also a Certified Anthroposophic Physician. She has worked for many years as a school physician in India and Australia. She has travelled extensively as an education consultant and lecturer for child development and health promotion within school communities, particularly in Australia, New Zealand, USA and India.



**Jakes
Jayakaran**

Jakes resides in his farm near Kodaikanal in Tamil Nadu. He started the first BD Demeter projects in India in 1993, extending over 300 hectares of fruit orchards, it is certified still and fully functional and managed by his family. He started a community college in 2012 offering a 2-year diploma in BD/Organic farming. He is an accredited Demeter Advisor and helps projects to reach Demeter standards of Biodynamic farming in India, SriLanka, China, Taiwan, Thailand, Malaysia and Cambodia. He is a former President of the Biodynamic Association of India



**Dr. Bindu
Gupta**

Dr. Bindu Yatendra Gupta is a professionally trained Eurythmist. She has 25 years off rich background in Medicine and Therapy being a Homoeopathic doctor, an Integrated Clinical Hypnotherapist, also holds a Diploma in Counselling and Health Psychology. Currently she is persuing Curative Eurhythmy from New York



**Dr. Vasuprada
Kartic**

Dr. Vasuprada Kartic, President, Aantarya and Core Faculty for AP training in India and is listed as an international trainer. She has been instrumental to start the first Anthroposophic psychotherapy centre and is part of many national and international projects partnering with the government bodies.



**Dr. Kiranmayi
Bapi**

Dr. Kiranmayi S. Bapi is an Advisor and Core Faculty for AP training. She is a certified Anthroposophic Psychotherapist (Goetheanum, Switzerland and IFAPA, UK), an Extra Lesson Practitioner (Australia), a Biographical Counsellor (Goetheanum, Switzerland), Auditory Integration Therapist from iLs (USA) and SOI (Structure of Intellect, USA & Mumbai) Therapist.



Loknath Koneru

Loknath Koneru by profession is Vice President in a Major E-Commerce organisation and social entrepreneur dedicated to transforming communities through the intersection of waldorf education and Biodynamic agriculture using power of innovation, community engagement, and a deep-rooted commitment to social change



**Dr. Harihara
Murthy**

Harihara Murthy has more than 38 years of experience as ENT, Head and Neck surgeon. He has been a teaching faculty in Devaraj Urs Medical college and currently consults in multiple corporate hospitals in Bangalore. He is the core faculty of the "International Integrated Oncology Training" program which has completed 4 cycles in India and Thailand. He is presently the President of the AMS, India Chapter.



**Dr P Sridhar
Reddy**

Dr P Sridhar Reddy is a Physiotherapist and his specialization is in Neurology. He is a first certified Anthroposophic Physiotherapist certified by Medical Section Goetheanum, Switzerland. He also did his 3 years training (Diploma) in Rhythmical massage from Bad Boll, Germany. Currently he is the co facilitator for Asia pacific Rhythmical massage therapy training happening in Bangkok

Teaching Faculty of Physician's Training



Dr. Veera Panch

Dr. Veera Panch MBBS, DTM&H(UK): Qualified as an Anthroposophic physician in 2015. Certified as a trainer to teach Anthroposophic Medicine in 2016. Received her Diploma in Rhythmic Massage Therapy from the UK in April 2018. She opened India's first Anthroposophic clinic in Chennai.



**Dr. Swapna
Narendra**

Dr. Swapna Narendra MBBS: Certified as an Anthroposophic Physician in 2010. Certified as a Trainer to teach Anthroposophic Medicine in 2018. The Founder and General Secretary of the Anthroposophic Medical Society, India chapter, from the year 2003 to 2013. She has been the president of the same organization from 2014 to 2021.



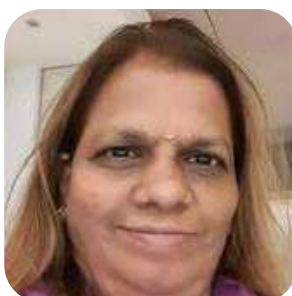
**Dr. Wahida
Murthy**

Dr. Wahida Murthy, MBBS, BLO. Anthroposophic Physician and certified as Anthroposophic Healing Arts practitioner and Biography counsellor. Qualified as a trainer to teach Anthroposophic Medicine. Founder, CEO of Swasthyaniketan Integrated Health care and research foundation, which is an Anthroposophic initiative. She is a founder member and currently the general Secretary of the Anthroposophic Medical Society, India chapter. Dr. Wahida is also chief faculty for Art Therapy course and would be helping that vertical of the IPMT



**Dr. Delna
Tarapore**

Dr. Delna Tarapore DHMS, MBS(H): Qualified homeopathic doctor and has been in fulltime private practice since 1984 in Bangalore. She is also a certified Anthroposophic physician since 2015, and a certified biography consultant, and was responsible to bring Biography training to India. She is certified as a trainer for the training of Anthroposophic physicians. She is a founder member and currently the treasurer of Anthroposophic Medical Society, India Chapter.



**Dr. Sangita
Sohi**

Dr Sangita Sohi, an Allopathic physician from Nair Hospital Mumbai currently the Senior Medical Officer for State Bank Of India. Resides in Mumbai and also the First Anthroposophic physician to be certified from Mumbai. She has been a tutor in the Foundation studies conducted by Goetheanum & also part of the training group for young doctors.

IPMT 2024

Program Schedule

| Day 1 30.11.2024 | Day 2 01.12.2024 | Day 3 02.12.2024 | Day 4 03.12.2024 | Day 5 04.12.2024 | Day 6 05.12.2024 | Day 7 06.12.2024 | Day 8 07.12.2024 |
|---|---------------------|---------------------|-------------------------------------|---------------------|--|---------------------|---------------------|
| 4:00 pm Inaugural Introduction of Faculty & Participants. Followed by evening lecture | 8:10 – 9:00 am | | Eurythmy | | 12 noon Closing Felicitation Distribution of Certificates | | |
| | 9.00 – 10.30 am | | Goetheanistic Observation of Plants | | | | |
| | 10.30 – 11.00 | | TEA - BREAK | | | | |
| | 11.00 – 12.30 pm | | Text study | | | | |
| | 12.30 – 2.30 pm | | LUNCH - BREAK | | | | |
| | 2.30 – 4.00 pm | | Afternoon Session - 1 | | | | |
| | 4.00 – 4.30 pm | | TEA - BREAK | | | | |
| | 4.30 – 6.00 pm | | Afternoon Session - 2 | | | | |
| | 6.00 – 7.00 pm | | DINNER - BREAK | | | | |
| 8.00 pm | | EVENING LECTURE | | | | | |

NOTE: The group specific lectures and other study material will be available at the registration desk

IPMT 2024

Residential Program

Early bird fees

| | | |
|---|-------------------|----------------|
| Doctors (New Doctors & Senior Doctors) | INR 22,000 | 350 USD |
| Art therapy | INR 22,000 | 250 USD |
| Biodynamic agriculture | INR 12,000 | 250 USD |
| Psychotherapy | INR 12,000 | 250 USD |
| Teachers | INR 12,000 | 250 USD |
| Anthroposophy in Daily Life | INR 8,000 | 250 USD |

EARLY BIRD FEES till 10th Nov 2024. Payments are all inclusive including sharing accommodation and all meals during the program.

Regular fees

| | | |
|---|-------------------|----------------|
| Doctors (New Doctors & Senior Doctors) | INR 25,500 | 400 USD |
| Art therapy | INR 24,000 | 300 USD |
| Biodynamic agriculture | INR 14,000 | 300 USD |
| Psychotherapy | INR 14,000 | 300 USD |
| Teachers | INR 14,000 | 300 USD |
| Anthroposophy in Daily Life | INR 9,200 | 300 USD |

Payment details

Name: The Anthroposophic Medical Society-India Chapter
Bank: Central Bank of India, Indiranagar branch, Bangalore 560038
A/C No: 3481729748
A/C Type: Savings/Domestic
IFSC Code: CBIN0281425

Please note: All payments made by NEFT/ RTGS to be informed to the number +91 9343727014 | +91 98454 11686 and a mail sent to the mail ID events.amsindia@gmail.com for registration completion.

Please fill the registration form after completion of payment